The Lions' Pride

Welcome Freshmen

Saint Leo University • Freshmen Issue 2016 • Since 1965

Greetings to the Incoming New Lions

Congratulations on being accepted to Saint Leo University! The Lions' Pride Newspaper is excited to welcome everyone into the Saint Leo family.

Along the way, you may decide you need a job for money, experience, or comradery. The Lions' Pride is one of many job opportunities available at the University that offers real world experience. The newspaper is entirely student-run and growing with each passing year. It is a paid work-study and non-work study job open to all years and majors. Working for The Lions' Pride is also an excellent way to boost your resume, enhance you writing skills, and meet great new people.

Speaking of writing, it is one of the reasons many people join the newspaper staff. They enjoy writing and/or enjoy reporting the news. But, not everyone on The Lions' Pride wants to be a reporter. There are some who want to be teachers, join the Peace Corps, or even become social workers. The Lions' Pride is a place to gain valuable experience that supplements any major; it is something that can boost your resume from ordinary to extraordinary.

Writing for the newspaper shows you can meet deadlines, work individually and as a team, problem-solve, manage your time and assignments, and so much more. And obviously, it proves you can write.

Writing for a college newspaper has its good side and its challenging side. While on one hand, writing can be a source of pleasure; it can also be a source of anguish.

Writing for a college newspaper is fun and personally rewarding. After hours spent gathering and organizing information, writing the article, editing it, seeing the finished product in print is like seeing a child learn how to tie his shoes. There is nothing like seeing one's name in print.

But, writing for a college paper is a challenging process. While gathering information sounds easy, it isn't always. First, you have to be willing to talk to people. Yes, in person. There will be times when people will not want to be interviewed. Other times, scheduling meetings will be challenging because schedules conflict. Then, there are the deadlines. But not to worry, the staff of The Lions' Pride knows the meaning of hard work and team effort. So, they are always there to help you through it.

The Lions' Pride offers great opportunities for growth. At The Lions' Pride, there are ways to advance from being a staff writer to a section editor to a main editor. There is training. There are workshops. There are weekly meetings. Almost everyone starts as a staff writer, but for those who aspire to be more, the opportunity exists.

Anyone with a passion for writing and a desire for growth is welcome to join The Lions' Pride team. Freshmen are especially encouraged to participate. Normally, their minds are full of ideas that can help the paper, and indirectly themselves, grow to full potential. And just like Saint Leo University's motto, The Lions' Pride promises this: You'll love the person you become here.

For more information about The Lions' Pride newspaper, contact our advisor, Mrs. Kasper in St. Edward's, room 341, or attend one of our weekly meetings. For those who know they want to work for us, apply through student employment at http://www.saintleo.jobs/postings/16540.

A Festival for the Freshmen

By Emily Kochanski
TLP Staff Writer

Nothing says summer like the smell of hamburgers and hotdogs on the grill or lively music and laughter under the sun. On Jul. 23, Saint Leo University was in full swing during the annual Summer Festival.

The event, hosted by Undergraduate Admissions, invited incoming freshmen and their families to tour the campus, enjoy a free concert and dinner, and make some new friends before the start of the fall semester.

The bowl was encircled by an array of food trucks that doled out an assortment of mouthwatering cuisines, such as hamburgers, hot dogs, grilled cheese sandwiches, smoothies, and Italian ices. Contributing vendors included Mr. C's Grilled Cheese, Smoothin' and Shakin', The Fishin' Chicken, and much more. In addition to the to all the deep fried favorites, guests with special meal vouchers were able to sit down to an excellent meal prepared by Saint Leo staff outside of the Caf.

Students chit-chatted, played corn hole, and chowed down to the musical stylings of the opening act, BelO, and headline artist, Michael Brun. Both the groovy reggae band and the Spotify famous DJ hail from Haiti and their soulful jams set the perfect mood; every song sounded like the season of summer itself.

Photo by Emily Kochanski

Students were invited to leave their mark on Saint Leo before their time has even started.

As the evening wore on and the sky grew darker, it was time to break out the glow sticks! Students and faculty alike donned the colorful, luminescent little tubes like jewelry and continued to party on into the night.

Some incoming students traveled from across the state, others from across the nation. David Freckleton, an incoming criminal justice major, journeyed all the way from New Jersey to attend Saint Leo.

"A good friend of my mother's attended Saint Leo and kind of sold me on it," said Freckleton when asked why he was willing to move so far from home. "Besides, I was getting pretty tired of Jersey. I'm ready to see something new."

Summer Festival Cont'd Page 3

Freshmen in the Know Q & A

By Jessica Miller
Former Editor-in-Chief

Q: Does the campus library have regular books?

A: If you mean fantasy, sci-fi and fiction novels that you might find in a public library, then yes, there are regular books. These books are located on the first floor in the back left area, next to the round desks by the coffee and tea. And there are more regular books on the second floor in the back, along the wall next to the elevator. The campus library uses the Library of Congress system for sorting its literature, so it is a good idea to become familiar with it.

Q: I cannot find a book I want in the Campus Library. Is there a way I can order it?

A: You can obtain these books in two ways. The first is to ask a librarian at the Campus Library to help you create an ILL (Inter-Library Loan). The librarian will assist you in finding another college that has the book you would like so you can order it. However, if you are looking for literature that is not for academic means, you might want to try your second option: the local public library, Hugh Embry. This branch of the Pasco County Library System is located in downtown Dade City and is free to use once you sign up for a Pasco County library card.

Q: If I don't get along with my roommate(s), can I move into another room?

A: You should always try to settle differences with your roommate(s) first. Try talking to your resident assistant if you continue to have roommate conflicts. Resident assistants have been trained to help University students—especially with roommate troubles. Ultimately, if conflicts cannot be resolved, you can move into a different room by talking to Residence Life and your resident assistant.

Q: Help! The Dining Hall is not open, and I'm hungry!

A: It can be tough not having a kitchen to use, but your stomach does not have to suffer. Pre-planning will save you. There are many things that are pre-cooked or can simply be warmed up in a microwave. Buy quick meals ahead of time and have a stock of food in your room. You can also buy food from The Lions' Lair, which has all types of food options for students on the run. My best advice is to snack. Buy sandwich bags and fill them with foods like nuts, small fruits, vegetables, or create your own trail mix; it is an easy and portable option if you lose track of Dining Hall hours.

Q: I lost something on campus. Is there a lost and found I can go to?

A: Yes. Campus Security has a lost and found. If Campus Security does not have your item, try asking a Dining Hall worker if you lost an item while eating, or ask your professor and classmates if you left something in the classroom.

Photo by Jessica Miller

Popular contemporary books like Inheritance Cycle can be ordered through ILL if you cannot already find them in the Daniel A. Memorial Library.

Q: Where can I look for employment with the University? Are there part-time jobs available?

A: The University posts all employment opportunities on www.saintleo.edu/employment.aspx. Both work study and part-time jobs are available to students. Apply quickly! Hiring for student employed positions occurs during the first few weeks of school. Make sure you have your social security card (not a copy) with you. It is necessary to present your SS card when filling out paperwork for any position on campus.

Q: Can I make changes to my class schedule?

A: Yes, you can make changes to your schedule, but the changes must be approved by your advisor. You can find out who your advisor is and their e-mail by going to your Saint Leo portal, select program evaluation, and then an area of study.

Q: I need _____ from the grocery store/mall. Does the school provide rides to the grocery store/mall?

A: The University provides buses that make free weekly trips to different locations so students can get food, prescriptions or go shopping at the mall. Sign-up sheets to go on these trips are located in the Student Activities Building. You must meet outside of Campus Security on the day and time of the trip to get on the bus.

Q: I have a friend/family member visiting campus. Do they need a parking decal?

A: Yes, visitors are required to register their vehicle with Campus Security before parking on campus property.

JOURNALISM...
the WRITE minor for you!

Close reading, thorough researching, critical thinking, and clear and effective writing are all essential skills needed for any career. The journalism minor will enhance and strengthen your current major by providing these essential skills.

For More Information Contact: valerie.kasper@saintleo.edu / St. Ed's 341

Journalism Minor (total credits = 18)

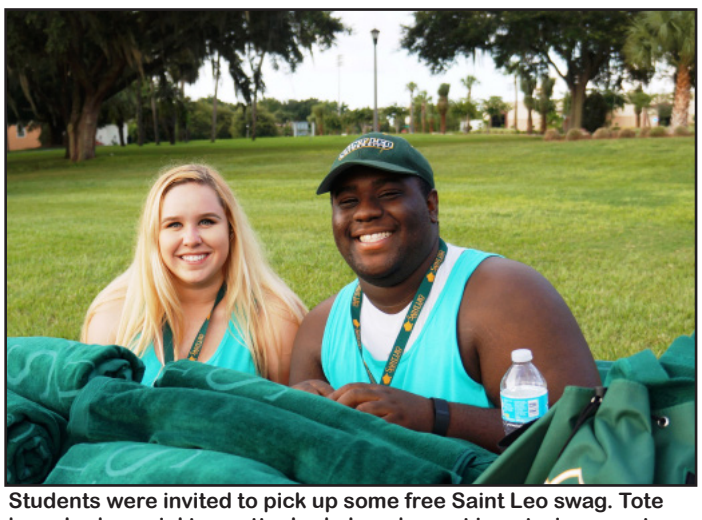
Complete the following required courses:
- ENG 205 Intro to Professional Writing
- ENG 227 Basic Journalistic Writing
- ENG 441 Advanced Journalism
- ENG 428 Internship OR ENG 318 Pre-internship

Choose two of the following courses:
- ENG 332 Creative Non-fiction
- ENG 450 Desktop Publishing and Design
- ENG 430 The Independent Writer
- COM 333 Web Design and Information Resources
- ART 226 Beginning Photography

A Highlight of the Summer Festival

The stage and a series of food trucks were arranged in a semi-circle around the outside of the bowl, allowing students to use the center of the lush, green field as their playground and dance floor.

Incoming students weren't the only ones getting in on the fun; there were a number of activities to keep their parents and siblings engaged as well.



Students were invited to pick up some free Saint Leo swag. Tote bags had special tags attached played a part in entering guests into a drawing for fabulous prizes.

Summer Festival Cont'd

Freckleton knew right off the bat that Saint Leo was the school for him, but some students had to take their time and do a little investigating before they could make a final decision.

"What really attracted me to the campus was the baseball team," said Eduardo Rodriguez from Texas. "I did tons of research, contacted the coaches, and set up some private visits in order to learn more. And, well, here I am!"

Daniella Huerta, a general biology major, and Kailee McLain, a forensic science major, are very excited to be roommates but are even more thrilled just to be college students finally.

"I'm both excited and nervous," said Huerta. "This is a whole new chapter in our lives."

"I finally get my independence," McLain stated. "A chance to spread my wings and fly."

Students and their families were highly impressed with the beauty of the campus and with the warm and friendly welcome from its staff and returning students.

"I can already tell that we are going to love it here," said Huerta.

Priscilla Rodriguez, who attended with her son, Eduardo, is having mixed emotions about seeing her son leave the nest but feels confident that he will be in good hands.

"When I first set foot on the campus, I immediately realized why he chose this school," Priscilla said.

"I like the feel of the campus," Eduardo added. "Everyone is so friendly. It reminds me of home."

No student went home empty handed that evening. Some guests left with a door prize, others left arm in arm with a new friend, and some departed with a new found feeling of confidence and readiness. Many of the incoming freshmen are leaving one home behind, but are happy to know that, thanks to a few friendly faces, they have just been welcomed into a new one.

BelO blew the audience away with their reggae/ fusion sound; and Michael Brun, kept the party going as the sun began to set with some bass dropping, electronic beats.

Guests could choose from a variety favorite summertime snacks. They could heat things up with something fresh off the grill or out of the fryer, or cool down with a home made Popsicle, smoothie, or shake.

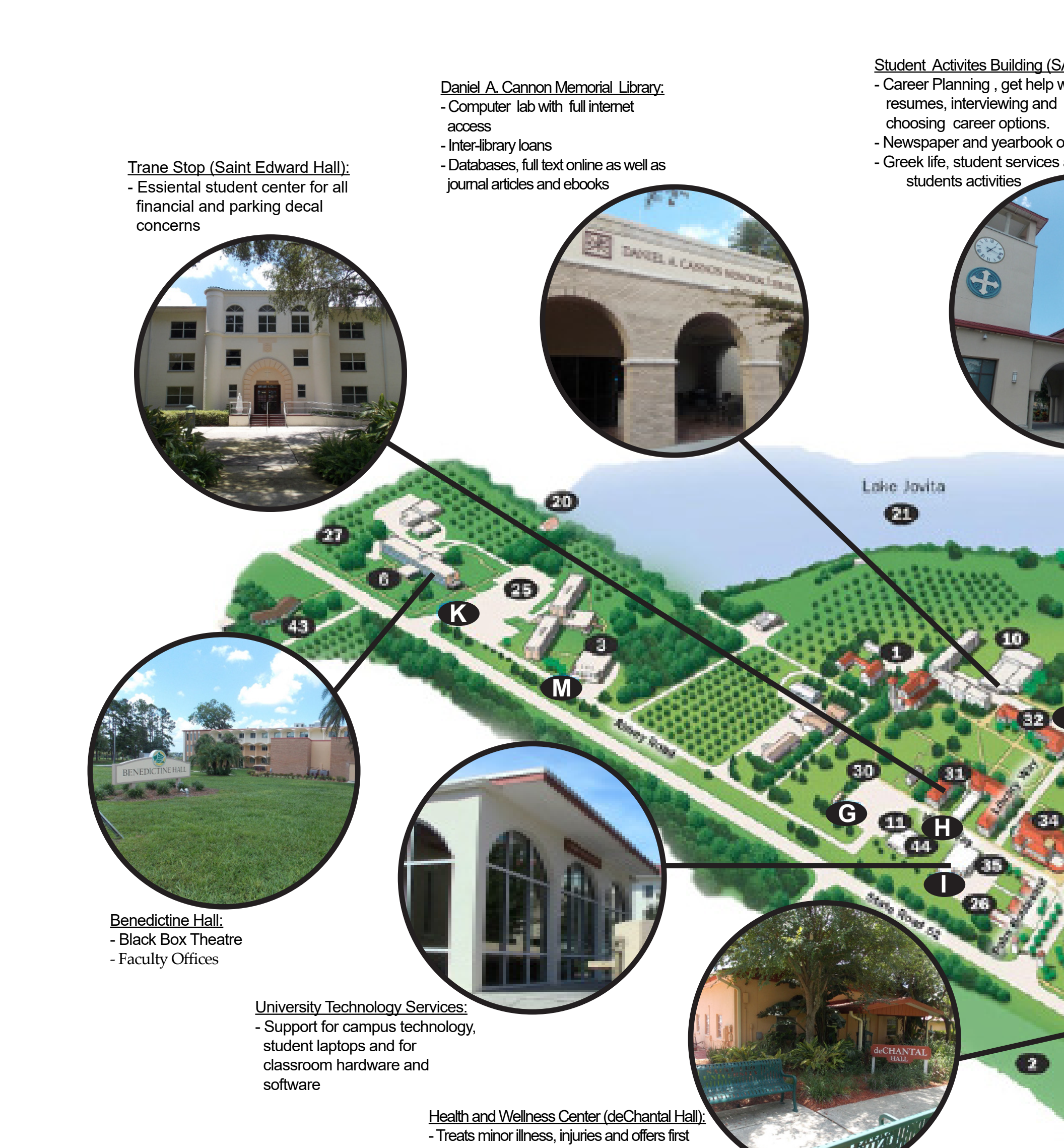
Even some canines who tagged along with their families managed to make some new, furry friends.

All photos by Emily Kochanski

Trane Stop (Saint Edward Hall):
- Essiental student center for all financial and parking decal concerns

Daniel A. Cannon Memorial Library:
- Computer lab with full internet access
- Inter-library loans
- Databases, full text online as well as journal articles and ebooks

Student Activites Building (SA
- Career Planning , get help w resumes, interviewing and choosing career options.
- Newspaper and yearbook o
- Greek life, student services a students activities



Benedictine Hall:
- Black Box Theatre
- Faculty Offices

University Technology Services:
- Support for campus technology, student laptops and for classroom hardware and software

Health and Wellness Center (deChantal Hall):
- Treats minor illness, injuries and offers first aid as well as flu and allergy shots
- Doctor on campus (Check with center for hours and times)

Map Key

1. Abbey Church
2. Abbey Golf Course
3. Admissions (Undergraduate)
4. Alumni Residence Hall
5. Athletic Fields
   a. Baseball Stadiums-Thomas B Southard
   b. Intramural Field
   c. Soccer Field
   d. Softball Stadium
   e. Turf Lacrosse Stadium/Parking Garage
6. Benedictine Hall
7. Benoit Residence Hall
8. Bookstore
9. Bowl
10. Cannon Memorial Library
11. Chiller Plant
12. de Chantel Hall
13. Dining Hall
14. Fine Arts Building
15. Fitness Center
16. Greenfelder Denlinger Boardrooms
17. Henderson Residence Hall
18. Herrmann Mail Center
19. Kirk Hall
20. Lake House
21. Lake Jovita
22. Lakefront
23. Lewis Hall
24. Marion Bowman Activities Center
25. Marmion/Snyder Residence Halls
26. Music Building
27. Plant Operations
28. Roderick Residence Hall
29. Ropes Course
30. ROTC
31. Saint Edward Hall
32. Saint Francis Hall
33. Saint Jude Chapel
34. School of Business Building
35. Security
36. Shelby Auditorium
37. Student Apartments 1-4
38. Student Apartments 5-6
39. Student Activities Building
40. Student Community Center
41. Swimming Pool
42. Tennis Courts
43. The Villa
44. University Technology Services

Parking Key

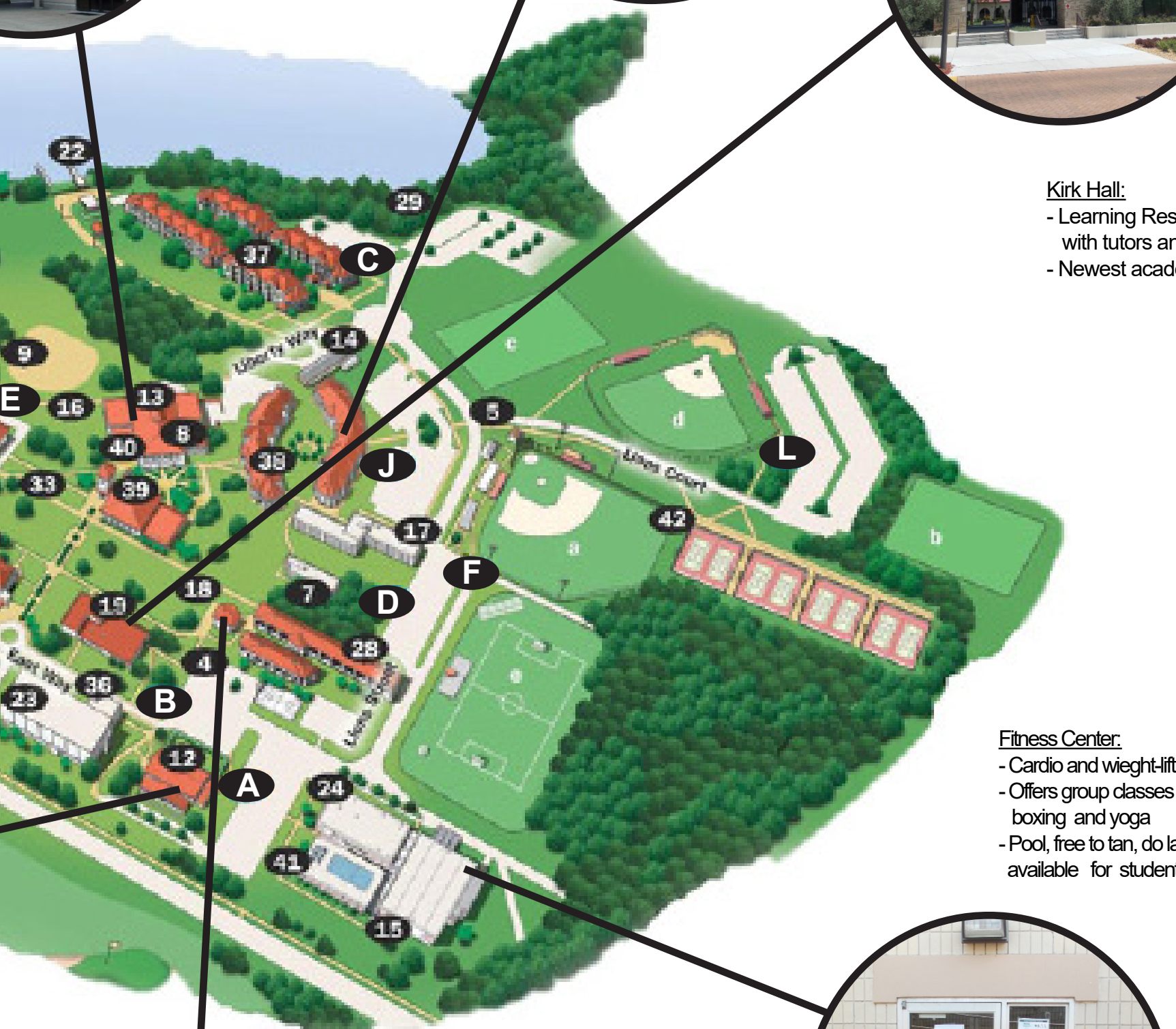
A. Lot 1: Green, Yellow, Sliver
B. Lot 2: Green, Yellow, Sliver
C. Lot 4: Green, Yellow, Sliver
D. Lot 5: Green, Yellow, Sliver
E. Lot 6: Special Permit
F. Lot 7: Green, Yellow, Sliver
G. Lot 8: Yellow
H. Lot 9: Yellow
I. Lot 10: Yellow and Visitor
J. Lot 11: Green, Yellow, Sliver
K. Lot 12: Red
L. Lot 13: Green, Yellow, Sliver, Blue
M. Admissions

AB):
with

ffice
and

Residence Life (Apartment 6):
- The one stop for any housing or meal plan concerns

Kirk Hall:
- Learning Resource Center (LRC) with tutors and a computer lab
- Newest academic building



Fitness Center:
- Cardio and wieght-lifting equipment
- Offers group classes such as boxing and yoga
- Pool, free to tan, do laps and is available for student gatherings

Stephen Herrmann Mail Center:
- Campus post office
- Student mailboxes
- Send and receive packages
- Hours: M - F, 8 A.M. to 5 P.M.

Map alteration made by Jessica Miller. Other photos taken by Nicolas Santos, Jessica Miller, and Cassidy Whitaker.

Surviving Your First Year: Budgeting 101

By Erin Gaylord
Online Editor

Picture from @AmericanActionForum

If saving money in a savings account is too tempting to spend, try using a jar or other container to put saved money in.

You are officially a college student. Moving out can be exciting, but taking on the responsibility can be daunting as well. Be sure to budget while you are in college to have some extra spending money, but also be able to get everything you need. If you spend all of your money on going out and having fun with friends, you may not be able to afford your necessities such as textbooks and supplies for class.

First, decide if you are going to get a job on campus or off campus, or if you want to work over the summer and save up that money for the school year. If you decide to get a job while you are taking college courses, make sure the job you chose will not be too stressful while you are taking classes. Getting a job on campus is a good option if you are a first-time college student and do not know what to expect. These jobs do not take up too much time, but they are enough to give you some extra spending money.

If you decide to get a job off campus, make sure your employer understands how often you will be in class, and when you will be able to work outside of class. Off-campus jobs could pay more, but you will have to pay more for gas to get back and forth to work as well.

Another option is to work over the summer and save money from that job to have extra spending money for the school year so you can focus more on school. Having a summer job is a good option as long as there is a good budget set for that time and you followed the budget closely so there will be an adequate amount of money left over for the school year.

Perks from the Local Community

By Jonah Robertson
Editor-In-Chief

Pancho's Villa

A local restaurant in San Antonio that offers affordable Mexican cuisine in a relaxed eating environment. Open at 11AM every day of the week. Offers 10% off to Saint Leo students and employees.
Phone: 352-588-3037

Photo by Emily Kochanski

A Cup of Organic

A small coffee shop just down the road towards San Antonio. They offer $.99 cups of coffee until 9AM every day. 10% of all profits go to church missions, and they offer a 10% discount to Saint Leo Students.
Phone: 813-546-6659

Photo by Amber Fink

On-Q Smokehouse Grill

A local BBQ joint with a good array of hearty choices. They open at 11AM every day, and offer a discount to Saint Leo students and faculty on Wednesdays.
Phone: 352-668-4821

Photo by Cheyenne Johnson

How to Budget Cont'd

Once you find out where your money is coming from, you can lay out your budget. The most efficient way to budget is to write it out whether that be on a piece of paper or an Excel spreadsheet. This way you can see the budget, and it may be easier to follow and be strict on yourself with rather than just telling yourself what you should and should not buy. Also with writing it out, you will be able to set up exactly how much you need for each thing, food, clothes, supplies, etc., and know exactly how much you can afford to spend.

Get a job on campus to help with the expenses. Having a job on campus is ideal for students who would like to have a job, but do not want to travel off campus for work or stress about work and school. School jobs do not require as many hours of work as other positions off campus may. Also, there are many different types of jobs on campus. You could pick a position that coincides with your major in some way.

Having a job on campus will help with a little extra spending money to enjoy more time off campus or save up for the future.

Always try to save some money even if it is not a lot. Twenty dollars a paycheck is better than nothing, and soon, that little bit of money each month will add up to a decent amount of savings.

"If your car breaks down or you have an unexpected medical expense, you'll be way ahead of the game if you have money saved in an emergency fund," according to College in Colorado.

If you have money in a savings account, you have some fallback money in case of emergency. This way, you will not have to borrow money, use a credit card, or go without a car or food, etc.

If there is not an emergency where you have to spend part or all of your savings, it can be saved for a place after graduation, a new car, or anything else that you will want or need.

Another way to save money and help your friends out as well is carpooling. If you have a group of friends and several of you, have cars, trade off on who drives each time you go out. Dedicate each week in a month to a different person, or keep a list written down of who drove last and keep rotating drivers. By doing this, each person will be saving gas, and it will be fairer rather than one person driving most of the time, or taking separate vehicles, and everyone wasting gas.

By not buying everything you think you need, and only getting the bare minimum to start off with, you will avoid wasting your money. If you only by what you know you will need for class or your dorm room; you could save money for other things. If you end up needing something later, buy it then, but do not buy everything to start off with. You may not even use it.

If you have the unlimited meal plan, do not bother buying a lot of food for your dorm room. You could save that money for something else. Take advantage of your meal plan. Do not eat out very often. Allow yourself one meal off campus a month or do not eat out at all if possible. This way you will not throw away spending money when you have already paid for a meal plan on campus.

By selling your textbooks when you are done with them, you could get some money back. There are several options for selling your books. You could sell them back to the bookstore, sell them online, or sell them to someone you know will take that class. By selling your textbooks, you could use that money to buy books for the next semester or year and not have to worry about spending a whole lot on textbooks for that semester.

Before selling your textbooks, look up how much the used book in the condition that it is in costs online. Take a little bit off of the price from that and sell it. This way you know you are getting the right amount for your book, and you are not losing money.

Another way to price your books can be to write down how much you spent on them when you bought them. Then take some off of that for any wear and tear or if you bought it new, but now it is used.

Keep your budget up to date when you buy things, and at the end of the year look the amount of money you spent. See what was necessary and what was not. Looking at the numbers will give you a good idea of how well you are budgeting, and you can plan better for the next year.

Couponing and rewards cards are another great way to stay on budget as they help reduce the cost of items and allow you to buy in bulk if necessary.

JOIN THE PRIDE

Do you like writing, editing, photography, layout & design, multimedia?

Gain practical experience that can be applied to any future profession you choose.

Teamwork
Communication Skills
Writing/Editing/Design/Multimedia Skills
Time Management Skills
Ability to Meet Deadlines
Ability to Work Independently

For more information contact Mrs. Valerie Kasper (valerie.kasper@saintleo.edu) or to apply go to http://www.saintleo.jobs/postings/16540